

# A Chronicle of the Age of Consequences

---

## Chapter 16 - Westward Ho

In my effort to document this moment in time – how we got here and where we might be headed – so that future readers might gain a clearer picture of their own circumstances, I'd like to tell a personal story about manifest destiny.

Forty-three years ago this September – 1966 – my family and I emigrated from Philadelphia to Phoenix, Arizona, becoming part of a great flood of latter-day pioneers who would change this great nation in ways no one could imagine at the time. We crossed the Great Plains in a steady caravan of moving vans, sedans and station wagons – dad behind the wheel, mom navigating, quarrelsome kids in the middle seat, the dogs in the back, guarding nothing in particular.

Although we had one goal in mind – opportunity – there were innumerable reasons for leaving home: dank cities, dead-end jobs, misty woods, milk barns, slums, high-rises, stuffy parents, angry lovers, eastern snobbery, northern snows, southern humidity, and anything else that humdrummed our lives. Seeking a brighter horizon, we went west as young men and women, drawn by the desert's promise of light, space, warmth, and a swimming pool in every backyard.

We were met with open arms. Homesteading a new land called *Suburbia*, we were greeted by town leaders who enthusiastically cleared the desert for settlement while their industrious partners planted cheap homes in the newly disturbed soil like row crops. Everywhere we looked, shopping malls and commercial clusters were springing up like patches of flowers (or weeds) after a spring shower. All was fresh, clean, and hopeful.

Clearly, we had found the Promised Land. Cheap food and gasoline overflowed in conveniently located grocery stores and filling stations; wide, car-friendly boulevards stretched to the edge of the receding wilderness; the dust of a thousand construction projects filled the air like pollination; water flowed magically from our taps despite the near absence of rainfall; seductive carpets of flood-irrigated bermuda grass lawns tickled our toes; and glorious year-round sunshine fell on our peeling shoulders. Best of all, if it grew too hot while errand-running across the blazing asphalt, we could go slip inside our new homes and relax in air-conditioned bliss.

I loved it.

For a young boy, pioneering *Suburbia* was a great adventure. Our first home backed onto a golf course and I recall long, restless walks with my mother in late evenings across the trimmed fairways, dodging 'tsk-tsking' water cannons and ducking into fairytale forests of oleanders and eucalyptus. A few years later, when we moved across town to a cinder-block house I discovered the desert. Our new home sat on five acres of backyard wilderness that became both a personal refuge and a stage for elaborate games (alone, alas) that I created among the palo verde trees, creosote bushes and sandy washes.

Later, we moved again, this time to a generic townhome in a generic subdivision with no wilderness anywhere, literally or figuratively. When I went outside to escape various family disharmonies, all I could do was go into the backyard to bounce a ball off the building's sloped roof, over and over, or ride my bike around and around the cul-de-sacs. The move required that I

## A Chronicle of the Age of Consequences

---

switch high schools, which disoriented me as much as losing my cherished desert, though it eventually netted me a spot on a soccer team, presidency of the backpacking club, and a girlfriend.

We moved once more, this time to a spacious house near what-was-then the last stoplight on the edge of town. I could smell the desert. Liberated at last by a driver's license and a new but mechanically-challenged Jeep Cherokee (a source of many adventures in its own right), I began to explore the rapidly expanding boundaries of *Suburbia* with delight. I dug in archaeological sites with an amateur society (Phoenix was founded on the ruins of an ancient civilization, thus its avian namesake – a mythological symbol of rebirth). I prospected for photographs among the cactus and rattlesnakes, climbed hills, hiked trails, and drove that damn Cherokee back and forth relentlessly on unending blacktopped streets and highways, luxuriating in every unleaded moment.

It was 1976, our nation's bicentennial year, and the world was definitely my oyster.

I never asked, but I'm certain my parents enjoyed their roles as homesteaders too – at least in the beginning. Both had humble roots; my father was born in a shack in a dairy field near Hope, Arkansas, in 1926 and my mother grew up middle class in Charleston, West Virginia. Their journey from want and need to hard-earned success and (for a time) affluence was typical of their generation, my father's story especially. After enduring a hardscrabble childhood spent knocking around Tennessee, North Carolina, and Louisiana with an itinerant dad who at times was a teacher, lumberman, football coach, and preacher, my father determined at a young age to cut a different path. Over his mother's objections, he signed up with the Army, completed a tour of duty in Allied-occupied Berlin, and then attended Vanderbilt University on the GI Bill. Medical school and an MD in neurology followed. After graduating, he won a national award as an up-and-coming doctor which he parlayed into an opportunity to co-found what is today a highly regarded national center of neurological medicine in Phoenix – a job he held for rest of his life, earning the accolades of peers and patients alike.

Not bad for a boy born in a shack in a dairy field.

My mother's journey was no less typical, though it illuminates a darker side of her generation's saga. As a spirited youth, raised in a book-loving but modest and unhappy family (the Great Depression knocked her father back on his heels emotionally as well as financially), my mother yearned to soak up the bright lights of big cities. After marrying my father in 1950, she spent the next decade absorbing every ounce of culture provided by Philadelphia, Los Angeles, Chicago and other places my father took them to complete his education. They attended plays in New York City, vacationed in Boston, traveled to Paris and Prague, all of which made an indelible cosmopolitan impression on her expectations. She especially loved literature, and ate up the lives of writers. Judging by the vast quantity and high quality of her correspondence during these years (as I discovered later), I'm certain she harbored ambitions to be a writer herself.

However, things got in the way – children, for instance. My father too, who held old-fashioned opinions about gender roles despite his liberal nature. Then there were my mother's personal

## A Chronicle of the Age of Consequences

---

demons, including bouts of crippling self-doubt. Part of her situation was beyond her control. As a young woman in the 1950s, she was caught between social riptides, one coming ashore (liberation), and one ebbing out to sea (tradition). She felt confused, frustrated, and at times angry about both the opportunities and challenges confronting her, as did many women of her generation, I suspect. But it fed her demons.

Phoenix made it all worse. Moving to the suburban frontier was not on her To Do list, and after an initial burst of enthusiasm for her new home, she came to resent the place, as well as her fate. A 19<sup>th</sup>-century analogy might be appropriate: like other pioneering women who “went west” reluctantly, but dutifully, leaving the sophisticated “east” far behind, my mother never got over her dislocation or her disappointment. She endured, but not well. She never found the footing she desperately craved in those vigorous times, slipped and eventually fell.

My father also struggled, especially toward the end of his life, despite his achievements. I think they had trouble keeping pace with the rate of change both in Phoenix and in the world at large. Like many pioneers, my parents were engulfed by the economic fire they helped to light, though I’m certain they didn’t see things that way. To my father, it was all Progress – which he considered a *good* thing (recall the shack in the dairy field). To my mother, the changes were just part of her general discontent. Progress dog-piled her diminishing expectations, and as a consequence she recoiled physically and emotionally, eventually embarking on a general retreat. Their home, in fact, became a sort of hermitage from which she emerged only occasionally. By the end of her life I believe she was content to be engulfed by the city’s expanding flames, perhaps hoping to rise again some day from the ashes.

It was the much the same with Phoenix itself. What was once a small city with big dreams grew into a big city with big problems – and was ultimately consumed by its own success, though most residents didn’t see it that way either, I suspect. Phoenix, too, endured, and not well.

That’s another story, however.

For our purposes here, I want to return to the Old West for a moment. Specifically, I want to review the 19<sup>th</sup>-century idea of *manifest destiny* and explore its role in the creation of the sixty-year post-World War II economic and cultural blow-out that I’ve come to call *The Fiesta* – the precursor to The Age of Consequences – using Phoenix as a prism.

Manifest destiny was a phrase employed energetically in the mid-19th century by a variety of politicians, journalists, and economic boosters to express the general belief that the United States had an unstoppable *destiny* to expand from sea to shining sea in accordance with God’s *manifest* will. The term was coined in 1845 by John O’Sullivan, a prominent New York journalist, as part of his argument for the annexation of the Republic of Texas and for American claims to the whole of Oregon (whose northern boundary was disputed by Britain at the time). These claims, he wrote, were logical and necessary “by the right of our manifest destiny to overspread and to possess the whole of the continent which Providence has given us for the development of the great experiment of liberty and federated self-government entrusted to us.”

## A Chronicle of the Age of Consequences

---

It was a moral call-to-action that was quickly picked up by less salubrious expansionists who used it to fan the patriotic flames of what became the Mexican-American War in 1846 – a conflict that netted California, Nevada, Arizona, New Mexico, and parts of Utah and Colorado for the nation. The clarion call of manifest destiny eventually brought Hawaii and Alaska into the Union too, as well as provided cover for our colonial adventures in Cuba, Puerto Rico, and the Philippines at the turn of the twentieth century. It has even been used by some analysts to defend (or criticize) American military adventurism in the 21<sup>st</sup> century, including our current wars in Iraq and Afghanistan.

According to historians, one of the reasons why manifest destiny had such a big impact is because it resonated strongly with the concept of *American exceptionalism* among citizens. This is the idea that America, by virtue of its development as a revolutionary democracy, its novel Constitution, and its perceived divinely-directed ‘destiny’ to spread liberty as far and wide as possible, is different from every other nation on the planet, past or present, and thus exempt from the normal rules of history (such as inevitable decline).

The idea that America is exceptional has its roots in the colonial Puritans’ vision of a virtuous ‘shining city on a hill’ – a vision that stood in deliberate contrast to the decadence of the recently abandoned Old World. This vision was reinforced by pamphleteer Thomas Paine, who in 1776 argued that the American Revolution was an opportunity, for the first time since the “days of Noah,” to “begin the world over again.” Abraham Lincoln reiterated this idea in a message to Congress in 1862, arguing that the nation’s great experiment in liberty and democracy – the triumph of republicanism over monarchy and oppression – made America “the last, best hope of Earth.” In his famous address two years later at Gettysburg, Lincoln would call the Civil War a great test to see if American ideals would survive.

That they did survive that bloody conflagration served to bolster our sense of exceptionalism and destiny, providing a great deal of motivation for much of what Americans did henceforth, including the abolition of slavery and the settling of the American West. These ideals not only created a desire to extend freedom and democracy throughout the continent, but to the world as well, and became, in the process, an important part of our national mission in the twentieth century. Historical events confirmed this calling, from our triumph over Nazi Germany and Imperial Japan in World War II to our victory over the despised Soviet Union in the Cold War and the fall of the Berlin Wall in 1989.

Like a yeasty loaf of bread dough, our sense of exceptionalism kept growing. Mix in our unparalleled economic prosperity, abundant natural resources, a high standard-of-living, and a huge helping of technological prowess, and you have a recipe for an undisputed American self-confidence that serves millions.

I know, because I saw it all over my home town.

Phoenix officially came into being on May 4, 1868. The original town site was located on 320 acres of scorching desert. In 1870, the U. S. Census found only 240 people living in what today is called the ‘Valley of the Sun.’ By 1950, largely thanks to the invention of air conditioning,

## A Chronicle of the Age of Consequences

---

there were over 100,000 people within the city limits, plus many more in surrounding communities, and 148 miles of paved streets. Today, the Phoenix metro area is home to more than 4.2 million residents, making it the 12<sup>th</sup> largest city by population in the United States. It covers over 500 square miles, making it the largest in the nation physically, even beating Los Angeles (at a mere 469 square miles). Since 2000, Phoenix's population has grown by 24%, second only to Las Vegas, which grew by nearly 30%, and it is expected to keep growing by double-digits, despite the current economic downturn, well into the future.

That sounds like manifest destiny at work to me.

It *looked* like it too. One of my indelible memories of growing up on the edge of Phoenix was the procession hardware-laded pick-up trucks zooming ceaselessly to construction sites everywhere. Festooned with ladders, water igloos, tool boxes, ropes, and whatnot, they zipped up and down the fresh streets like bees buzzing around a very large hive. They didn't have to fly far to find nectar either. Cheap housing developments, mini-malls, and office complexes exploded across the desert with a fury that had all the hallmarks of an Old West land rush, only without the horses and revolvers. Certainly, the zeal was the same, as was the sense of unstoppable destiny – though without the religious motivation perhaps. Instead, we worshipped a lesser god – manna – whose divine will directed us to overflow Phoenix with homes, schools, businesses, churches, restaurants, roads, depots, fast food joints, sports bars, shopping malls, and highways. The only things an Old West miner or cowboy would have missed in 1966 were brothels and livery stables.

If Phoenix in the late 1960s represented a new frontier, marching to the updated tune of manifest destiny, it differed in one important respect from its predecessor – it exhibited a palpable sense of loss. I have a vivid memory from my teenage years of a silent protest: all over the edge of town, numerous real estate signs, each announcing vacant land for sale, had been defaced with a spray-painted lament: “SAVE OUR DESERT.” During a visit one day to a dilapidated horse stable called Powderhorn Ranch my parents rented way out in the desert, I asked my father what the protest meant. I don't recall his response – it's likely he hadn't noticed the protest or else was unconcerned – but I do recall a feeling of uneasiness, especially as the signs were pushed farther and father into my beloved desert. A torn feeling crept into me. I was suburban kid. I loved all that asphalt and the liberty and convenience it symbolized, especially when behind the wheel of my adventurous Jeep Cherokee. But I also lamented the disappearing desert, its living edge harder to find with each passing month. I understood that my two halves were linked together – one depended on the other – and like squabbling siblings were doomed to quarrel endlessly. As I grew older, however, this torn feeling deepened, until I didn't know what to make of the tension anymore. So I did what many of my peers did to resolve their teenage troubles – I moved away and went to college.

The torn feeling nagged at me, however. On trips home, I tried to shield myself from the spreading signs of manifest destiny that I saw everywhere, preferring to cocoon with my parents in their downtown apartment, far from the still vigorous frontier. It helped that my mother had made peace with Phoenix finally. She now lived close the main library, the art museum, and other cultural amenities, which had encouraged her to engage in the outside world in constructive

## A Chronicle of the Age of Consequences

---

ways. She became cheerful again, and I recall many happy conversations in their 20<sup>th</sup>-floor living room about books, authors, movies, and current events. My father, too, had made peace of a sort with his shortcomings, though not with his deteriorating health. He had contracted adult-onset diabetes in the 1970s and by the time he was due to retire his condition had declined substantially, requiring daily dialysis treatments. It made him cranky. At the end of their lives, they had reversed roles – my sweet-tempered, optimistic father become grumpy and despondent, while my conflicted, restless, unsatisfied mother mellowed into a cheerful, if still reclusive, angel.

It made for unpredictable visits home.

In a way, their lives continued to reflect the changes consuming Phoenix. Rapid growth, especially the proliferation of new highways in and around the city (which recalled the infamous battle cry “We’ll never be another Los Angeles!” that I heard frequently during my youth) created a type of urban-onset diabetes that required daily transfusions of fossil fuel and water to keep the megalopolis healthy. It made residents cranky too, especially those citizens who felt helpless to stop, or even slow, the city’s relentless growth. At the same time, Phoenix tried to make peace with itself, or at least with its expectations. It stopped fighting its fate and resigned itself to becoming another Los Angeles. It stopped pretending it was a frontier cow-town and embraced instead its role as a major cosmopolitan city, with all the challenges and good coffee that came with it. But most of all, it stopped trying to have its desert and eat it too. It just ate and ate.

It was manifest destiny at work, of course, but it was also the American sense of exceptionalism in action as well. Not only did we believe in the ‘rightness’ of our cause – to conquer and overspread the land – we grew increasingly confident that we were exempt from any negative consequences of our actions. Even if they existed, we knew they either would be: (1) fixed by the free market; (2) fixed by government regulation; or (3) pushed far enough into the future to not matter. Phoenix was a perfect illustration. At no time did I hear any second-guessing about limits to growth in a desert. Nothing checked Phoenix’s destiny – not concerns about water supplies, cheap gasoline, loss of local agriculture, smog, or what it would mean to live inside a concrete jungle. It was as if we ignored the laws of physics along with the lessons of history.

As a boy, it all made perfect sense to me.

The poet Ogden Nash once wrote “Progress was good for a while, but then it went on and on.” Progress was good for my parents. They came to a strange land as poor pioneers and prospered along with Phoenix. They lived the American Dream – not of home ownership necessarily, or the pursuit of other material manifestations of success – but of *steady improvement*. Their lives were better than their parents; they had more security, more opportunity, more comfort. They didn’t do without, go hungry, or stand in unemployment lines; they were well-educated, well-fed, and well-blessed with the fruits of a robust and expanding economy. Best of all, especially for my mother, they could travel, and saw parts of the globe that deeply impressed them. The world really *was* their oyster. If they had second thoughts or misgivings about Progress, I never heard a word. For them, the future was always bright.

## A Chronicle of the Age of Consequences

---

I developed a different perspective. I came of age during the heyday of Progress, witnessing the good, the bad, and the ugly. Impressed at first, I have now lived long enough to see that manifest destiny was not necessarily a positive force in our history. I will likely live long enough to see evidence that America is *not* exceptional after all – that despite this nation’s many admirable qualities, it is subject to the same historical forces that have worn down all great nations and empires throughout the ages. I know that I’ve already lived long enough to see us enter the Age of Consequences – or what author and social critic James Howard Kunstler calls *The Long Emergency*. I wonder if I will live long enough to make some sense of it all to my children.

I’m still trying to make sense of it myself.

One day, when I was eleven, I rode my mother’s favorite horse alone far into the desert. Valentine was a huge quarter-horse, as sturdy and dependable as she was large. I don’t remember why I was allowed to ride alone into the wilderness, perhaps I snuck away. I didn’t go far in any case, just to my favorite place – a remnant of a prehistoric canal that sliced across the desert like a groove made by a dull knife. It was a subtle feature on the land, to many I imagined it looked like just another dry wash to cross. But I recognized it as man-made, an artifact of an earlier version of manifest destiny. I loved its subtlety, its muteness, its mysterious origins, and the way it lay on the land. Where did it start? Where did it go? I had a million questions.

Valentine wasn’t as curious as I. After an hour of exploring, when it became clear that we weren’t venturing any deeper into the wilderness, her thoughts turned toward home. And supper. Yielding to her impatience, I turned her head with one hand, and grabbed the pommel of the saddle with another. I knew what was coming next. As we drew closer to the stable, she picked up speed, despite every attempt I made to prolong our journey. She paced, then trotted, then, because I wasn’t careful, galloped. Her bulk, and my skinniness, meant that I soon abandoned all pretense that I was in charge anymore. I gripped the pommel with both hands and prayed that I stayed in the saddle until we reached our destination.

These days, the memory of that ride, the desert, and Valentine is tinged, not with sadness or regret, but with thankfulness. The stable, the canal, the wilderness are gone, of course, bladed and buried under a row crop of houses. But the memory endures. And it’s a good memory. I feel fortunate to have experienced that ride with Valentine, and many others as well, thankful to see and smell the desert as a youth before I became “educated” to the sins of manifest destiny, before the desert disappeared, before Progress went on and on. For a while, it was good – great even. I relentlessly explored the fine line between city and desert, nature and culture, fascinated by the influence of one on another, the slice of a canal across the land, the contrast of asphalt and desert pavement, a house on a hill, even a golf course set among the saguaros. It all told a story of expansion and exceptionalism, and our disregard for limits. But that knowledge came later. That day, on Valentine’s back, all that mattered was wind.

And freedom.